7th Annual Yatsu Day Symposium
Disparities in Stroke
FRIDAY, NOVEMBER 8, 2013

Memorial Hermann-Texas Medical Center
Hermann Conference Center
6411 Fannin Street, Houston, TX 77030

7 – 8 a.m. Continental Breakfast and Registration
8 a.m. – 5 p.m. Conference
(Includes a luncheon presentation from Noon – 1 p.m.)

Registration Fee:
Physicians – $75
Nurses, Physician Assistants and other Health Professionals – $25
Physicians in full-time training – Free

To register or for more information, visit neuro.memorialhermann.org/cme
Conference Schedule

7 a.m.  Continental Breakfast & Registration

8 a.m.  Welcome and Introduction—Sean Savitz, M.D.

8:15 a.m.  History of the Yatsu Day Symposium—Jim Grotta, M.D.

8:30 a.m.  SESSION 1: Epidemiology and Biology of Disparities in Stroke

8:30 a.m.  Gender Differences in Stroke—Patricia Hurn, Ph.D.

9 a.m.  Rural-Urban Disparities in Stroke in the Western Frontier: Bridging the Gap—Nicholas Okon, D.O.

9:30 a.m.  Stroke in African-Americans—Anjail Sharrief, M.D., M.P.H.

10 a.m.  Questions & Answers

10:30 a.m.  BREAK

SESSION 2: Stroke Awareness and Prevention

10:45 a.m.  Stroke Awareness in the African-American Population—Dawn Kleindorfer, M.D.

11:15 a.m.  Behavioral Changes for Secondary Stroke Prevention Measures in Minorities—Bernadette Boden-Albala, M.D.

11:45 a.m.  BREAK

Noon  Grand Rounds:
Stroke Disparities in Mexican Americans and Non-Hispanic Whites in Texas—Lewis Morgenstern, M.D.

Working Lunch

1 p.m.  Questions & Answers

1:30 p.m.  BREAK

SESSION 3: Disparities in Stroke Education, Treatment and Rehabilitation

1:45 p.m.  School-based Stroke Education Initiatives for Mexican-Americans—Nicole Gonzales, M.D.

2:15 p.m.  Racial Disparities in the Treatment of Acute Stroke—Sheryl Martin-Schild, M.D., Ph.D.

2:45 p.m.  Racial Disparities in Stroke Recovery and Neurorehabilitation—Nneka Ifejika, M.D.

3:15 p.m.  Questions & Answers

3:45 p.m.  BREAK

SESSION 4: The Future of Disparities Research

4:00 p.m.  Gaps in Knowledge and Future Research Opportunities—Barry Davis, M.D.

4:30 p.m.  Questions & Answers

5 p.m.  Adjourn

Objectives

1. Identify and evaluate differences in stroke presentation between women and men.
2. Describe differences in stroke complications and outcomes between patients of different racial and ethnic backgrounds.
3. Explain barriers to stroke care delivery in rural areas in order to improve delivery of care.
4. Prepare stroke prevention strategies that foster lifestyle modifications for various ethnic groups.

Target Audience

- Neurologists
- Cardiologists
- Neuro-intensivists
- Neurosurgeons
- Neurorehabilitation physicians
- Nurse practitioners, physician assistants and other health professionals working in the fields listed above
- Primary care, family medicine and internal medicine physicians
## Speaker Affiliations

<table>
<thead>
<tr>
<th>NAME</th>
<th>SPECIALTY</th>
<th>AFFILIATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PLANNING COMMITTEE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>James Grotta, M.D.</td>
<td>Professor and Chair, Department of Neurology Co-Director</td>
<td>UTHealth Medical School</td>
</tr>
<tr>
<td>Sean Savitz, M.D.</td>
<td>Director, Stroke Program Professor, Department of Neurology</td>
<td>UTHealth Medical School</td>
</tr>
<tr>
<td>Nicole Harrison R.N., B.S.N., M.B.A.</td>
<td>Administrative Director, Critical Care Nursing</td>
<td>Mischer Neuroscience Institute</td>
</tr>
<tr>
<td><strong>SPEAKERS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bernadette Boden-Albala, M.D.</td>
<td>Associate Professor, Health Evidence and Policy Associate Professor, Department of Neurology</td>
<td>Icahn School of Medicine at Mount Sinai Icahn Medical Institute</td>
</tr>
<tr>
<td>Barry Davis, M.D.</td>
<td>Professor and Director, Coordinating Center for Clinical Trials Guy S. Parcel Chair in Public Health</td>
<td>University of Texas School of Public Health</td>
</tr>
<tr>
<td>Nicole Gonzales, M.D.</td>
<td>Associate Professor, Department of Neurology</td>
<td>UTHealth Medical School</td>
</tr>
<tr>
<td>Patricia D. Hurn, Ph.D.</td>
<td>Vice Chancellor for Research and Innovation Research Professor</td>
<td>The University of Texas System Office of Health Affairs</td>
</tr>
<tr>
<td>Nneka Ifejika, M.D.</td>
<td>Director, Neurorehabilitation Assistant Professor, Department of Neurology</td>
<td>UTHealth Medical School</td>
</tr>
<tr>
<td>Dawn O. Kleindorfer, M.D.</td>
<td>Professor of Neurology Division Director, Cerebrovascular Disease Co-Director, Comprehensive Stroke Center</td>
<td>University of Cincinnati</td>
</tr>
<tr>
<td>Sheryl Martin-Schild, M.D., Ph.D.</td>
<td>Director, Stroke Program Vascular Neurologist Assistant Professor</td>
<td>Tulane University Hospital and Clinic Tulane University School of Medicine</td>
</tr>
<tr>
<td>Lewis Morgenstern, M.D.</td>
<td>Professor, Department of Neurology Professor, Department of Neurosurgery Director of the Stroke Program</td>
<td>University of Michigan School of Public Health</td>
</tr>
<tr>
<td>Nicholas Okon, D.O.</td>
<td>Medical Director CEO and Founder</td>
<td>Providence Telestroke Network Northwest Stroke Solutions, PLLC</td>
</tr>
<tr>
<td>Anjail Z. Sharrief, M.D., M.P.H.</td>
<td>Assistant Professor, Department of Neurology</td>
<td>UTHealth Medical School</td>
</tr>
</tbody>
</table>

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Texas Medical Association (TMA) through the joint sponsorship of Memorial Hermann Health System and The University of Texas Health Science Center at Houston. Memorial Hermann Health System is accredited by TMA to provide continuing medical education for physicians.

Memorial Hermann Health System designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)™. Participants should claim only the credit commensurate with the extent of their participation in the activity.

Memorial Hermann-Texas Medical Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity provides 7.5 contact hours of nursing continuing education.
Complimentary parking is located in the Memorial Hermann Medical Plaza (MHMP) Parking Garage.

Directions to the Hermann Conference Center:
1. From the MHMP Parking Garage, walk across the Skybridge on Level 2.
2. Proceed to the Cullen Atrium.
3. Descend escalators to the ground floor; Hermann Conference Center is at bottom of escalator.